Dear friends,

The ITKF Traditional Karate Winter Camp & Congress will take place in Sintra – Lisbon (Portugal) from February 4 to 9, 2027.

In addition to the congress, there will be special training sessions for instructors, examiners, and karateka in general an event designed to lay the groundwork for the future of traditional karate.

The aim of this seminar is to familiarize our most experienced members and their designated instructors with ITKF technical requirements and to review the qualification standards for ranks ranging from 1st to 6th Dan. This will help uphold the high integrity of the ITKF's technical approach. The goal is to distinguish us clearly and unequivocally from other organizations falsely claiming to be the ITKF.

This "Winter Camp & Congress" enables experienced members to obtain ITKF technical qualifications, thereby preparing the next generation of instructors.

To register, you may contact ITKF Portugal directly (iskahq@gmail.com) or sign up in person at the sports center entrance shortly before the event begins.

*** The technical panel of the congress and seminar will be led by the following Senseis:**

- **Sensei Richard Jorgensen 9th Dan (Canada) - President ITKF & Chief Instructor**
- **Sensei Michael Bock 8th Dan (Germany) – Secretary General ITKF**
- **Sensei Slobodan Milicevic 8th Dan (Serbia) – President ETKU**
- **Sensei Rubén Cernuda 8th Dan (Spain) – Director ITKF Pan America**



ITKF Winter Camp & Congress

Sintra – Lisboa (Portugal)
February 2027

GENERAL PROGRAM

Thrusday, February 4, 2027	PROGRAM
Arrivals at the hotel	

Friday, February 5, 2027	PROGRAM
10h	Meeting add ITKF director
13.30h	Orientation Meeting – All Country Representatives
17 h. to 20h.	General Training for All Levels Introduction – Purpose of the ITKF • Fundamental Principles of Traditional Karate • Elements of Self-Defense • Elements of Budo • Elements of Human Development

Saturday, February 6, 2027	PROGRAM
9h. to 12h.	Special Course for ITKF Instructors Fundamental Principles of: • Breathing • Technique (arm/leg) • Posture • Power Generation and Execution
16h. to 19h.	General training for all levels

Sunday, February 7, 2027	PROGRAM
9h. to 12h.	Special Course for ITKF Instructors Fundamental Principles of: • Movement • Transition • Kumite • Kata • Bunkai
16h. to 19h.	General training for all levels
Monday, February 8, 2027	PROGRAM
9h. to 12h.	Special Course for ITKF Instructors • ITKF Technical Requirements • ITKF Qualification Criteria and Curriculum – [Shodan – Godan]
17h. to 19h.	General training for all levels Seminar Summary

Tuesday, February 9, 2027	PROGRAM
Hotel departure	

Training location

Training for ITKF Instructor







Sports center for general training



Hotel Information:

Hotel IBIS Sintra

Dirección: **Av. Raul Solnado 23 23A, 2710-162 Sintra, Portugal**
Phone: +351 21 158 2730

For all matters related to travel, hotel reservations, or transfers, please contact:
Mr. José Carlos Carreto (Travel Agent) Phone: (351) 916 308 813
E-mail: josecarloscarreto78@gmail.com













Registration for the Congress & Seminar:

To register, you can to do by email to **ITKF Portugal** (cpam.direccao@gmail.com) or contact with Sensei Antonio Pereira directly at **(357) 913 630 328**.

The fee for the Traditional Karate Congress & Seminar is **€75**

- (payable just before the start of classes).

For those interested, you can arrange everything including your trip, accommodation, transfers, etc… with our professional, Mr. José Carlos Carreto. We have attached his contact details here so that you can get in touch with him directly.

